Bully Prevention Resources

1. Olweus Bullying Prevention Program

<http://denver.co.schoolwebpages.com/education/components/scrapbook/default.php?sc_id=1335385558770&sectiondetailid=2125&&>

* Overview:

-Multi-level, multi-component program designed to reduce and prevent school bullying. The program includes school level, classroom level, and individual level components.

-Denver Public Schools has obtained the Olweus Bullying Prevention materials for all elementary, middle, and K-8 schools. The materials are designed to be utilized in weekly classroom meetings. The materials do not replace trainings related to the Olweus program. The department of Mental Health and Assessment Services team is available to assist in training and support of all bullying prevention efforts for elementary, K-8 and secondary district managed and charter schools.

* Method:

-The school level components consist of an assessment of the nature and prevalence of bullying in the school, the formation of a committee to coordinate the program, and development of a system ensuring adult supervision of standards.

-Classroom components include defining and enforcing rules against bullying, discussions and activities to reinforce anti-bullying values and norms, as well as active parental involvement in the program.

-Individual components intervene with students with a history of bullying and/or victimization.

* Objectives:

-To reduce and prevent school bullying.

-Secondary goals are to increase awareness and knowledge about bullying, involve teachers and parents in bullying prevention, develop clear rules against bullying and provide support and protection to victims.

1. Bully Prevention in Positive Behavior Support: Stop-Walk-Talk

<http://www.pbis.org/pbis_resource_detail_page.aspx?PBIS_ResourceID=785>

* Overview:

-Evidence based program that blends school-wide positive behavior support, explicit instructions regarding a 3-step response to problem behavior, and a reconceptualization of the bullying construct.

-Includes curriculum about cyber bullying.

* Method:

-Student curriculum broken into 5 lessons.-Supervisor curriculum clarifying how supervision should be conducted in unstructured settings.

* Objectives:

-To decrease incidents of bullying behavior and increase appropriate recipient responses and bystander responses to bullying.

3) Stop Bullying/ Stop Bullying- Kids (Available through SEAK)

http://www.stopbullying.gov

http://www.stopbullying.gov/kids

* Overview:

-StopBullying.gov provides information from various government agencies on what bullying is, what cyberbullying is, who is at risk, and how you can prevent and respond to bullying.

-StopBullying.gov/kids provides information, games and videos for children to learn about bullying

* Method:

-Information for school faculty, staff and administrators

-Videos and information for children about bullying and cyberbullying.

-Cartoon videos following characters that are dealing with students who bully.

-After watching each video, there is a quiz for students to take.

-Also have a few videos for early childhood

-Online games for students about bullying

4) Second Step K-5 Program- Bully Prevention Unit

http://www.cfchildren.org/bullying-prevention.aspx

* Overview:

-New research-based bullying prevention unit that is added to the Second Step Program

-Online training for all staff

-Lessons for grades K-3 (ones for 4-5 coming Spring 2014)

-Cost $2,500 for bullying prevention unit

* Method:

-For staff: Three role-based modules, interactive exercises and  skill practices, expert guidance for complying with anti-bullying laws

-For students: Media-rich, story-based lessons, DVD featuring claymation, animation, and live action, skill practice and academic integration activities, home links and family letter.

* Objectives:

- To teach skills for recognizing, reporting and refusing bullying, with the foundation of social emotional learning from Second Step

5) Common Sense Media- Standing up, Not Standing By

http://www.commonsensemedia.org/educators/cyberbullying-toolkit

* Overview:

- Free cyberbullying toolkit for educators

-25 lessons for elementary school classrooms

-Tools to reach out to parents of elementary school students (slide presentation, parent tip sheet, discussion guide and video, communication templates)

-Cyberbullying response flowchart

-Resources for administrators, children and teens, and parents

* Method:

-Videos and classroom lessons for students

-Downloadable documents and presentations for students, staff and parents

-Ideas for solutions at every age